



Higham and Rushden U3A Sing and Cycle For Charity

The University of the Third Age (U3A) movement is a unique and exciting organisation which provides life changing opportunities. Retired and semiretired people come together to enjoy learning new things (not qualifications) and this in turn enables new friendships to develop. The members organise various groups based on their own life time experiences and interests and are willing to share them with others at no or very little cost.

Two of these groups are "Singing for Fun" and "Cycling"

The Singing for Fun Group (who literally sing for fun) have decided to put on an "Old Time Musical Evening" at the Heritage Chapel and Halls, Park Road, Rushden, on Saturday 13th May 2017, 1900 hours and the proceeds will go to Macmillan Cancer Support.

The tickets are £5.00 each and are obtainable from Chris Murdin on 07778836094 or Gerry Burnham on 01933 770756. The group is currently working hard on production and rehearsals to make the evening a very pleasant and memorable one. Refreshments will be available in the interval.

The Cycling Group organises rides each week for all abilities and from that group there are some cyclists who are currently in training to take part in the London to Brighton charity ride on the 18th June 2017 raising funds for the British Heart Foundation. At least once a week, come rain or shine, you may see a small band of cyclists working hard to reach their goal.

Whilst they have some sponsor pledges and fund raise at their various social events, they are still hoping for more sponsors as they are looking to raise a considerable sum. Should you wish to become a sponsor, please contact Lynn Gale at lynndiane2004@yahoo.co.uk to pledge an amount. (anything from £1 upwards)

If you would like more information on this branch of the U3A go to the web site highamandrushdenu3a.org.uk and follow the leads that interest you.

Gerry Burnham (Singing and Cycling P.O.)